

Thursday April 11, 2024

Join the
Challenge!



We need your steps!!!

We are raising awareness of the benefits of exercise for those living with Parkinson's Disease.

Help us contribute to the 10,000,000 step goal as we strive for 30,000 steps on the NuStep!

Stop by the
and help us achieve our team goal of **30,000 steps per NuStep** in one day by signing up for a **15-minute time slot on the NuStep!**

Contact
in the
by **Wednesday, April 10** to sign up for a timeslot!

