


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:00 ☉ Water Aerobics [P] <b>1</b> 11:00 ☉ Strength Training [V] 1:30 ☉ Cardio Boxing [VS]	9:00 ☉ Water Aerobics [P] <b>2</b> 1:30 🦋 Tai Chi [CC] 4:00 ☉ Water Aerobics [P]	<b>3</b>	9:00 ☉ Water Aerobics [P] <b>4</b> 11:00 ☉ Strength Training [V] 4:00 ☉ Water Aerobics [P]	9:00 ☉ Water Aerobics [P] <b>5</b> 11:00 ☉ Balance and Flex [CC]	<b>Wellness Center Closed</b> <b>6</b>	
<b>Wellness Center 1:00pm-5:00pm</b> <b>7</b>	9:00 ☉ Water Aerobics [P] <b>8</b> 11:00 ☉ Strength Training [V]	9:00 ☉ Water Aerobics [P] <b>9</b> 1:30 🦋 Tai Chi [CC] 3:00 ☉ Yoga [CC] 4:00 ☉ Water Aerobics [P]	<b>10</b>	<b>Pump it for Parkinson's 7am-7pm</b> <b>11</b> 10:00 ☉ Line Dancing [V] 11:00 ☉ Strength Training [V] 4:00 ☉ Water Aerobics [P]	9:00 ☉ Water Aerobics [P] <b>12</b> 11:00 ☉ Balance and Flex [CC]	<b>Wellness Center Closed</b> <b>13</b>	
<b>Wellness Center 1:00pm-5:00pm</b> <b>14</b>	9:00 ☉ Water Aerobics [P] <b>15</b> 11:00 ☉ Strength Training [V] 1:30 ☉ Cardio Boxing [VS]	9:00 ☉ Water Aerobics [P] <b>16</b> 1:30 🦋 Tai Chi [CC] 3:00 ☉ Yoga [CC] 4:00 ☉ Water Aerobics [P]	<b>17</b>	9:00 ☉ Water Aerobics [P] <b>18</b> 10:00 ☉ Line Dancing [V] 11:00 ☉ Strength Training [V] 4:00 ☉ Water Aerobics [P]	9:00 ☉ Water Aerobics [P] <b>19</b> 11:00 ☉ Balance and Flex [CC]	<b>Wellness Center Closed</b> <b>20</b>	
<b>Wellness Center 1:00pm-5:00pm</b> <b>21</b>	9:00 ☉ Water Aerobics [P] <b>22</b> 11:00 ☉ Strength Training [V] 1:30 ☉ Cardio Boxing [VS]	9:00 ☉ Water Aerobics [P] <b>23</b> 1:30 🦋 Tai Chi [CC] 3:00 ☉ Yoga [CC] 4:00 ☉ Water Aerobics [P]	<b>24</b>	9:00 ☉ Water Aerobics [P] <b>25</b> 10:00 ☉ Line Dancing [V] 11:00 ☉ Strength Training [V] 4:00 ☉ Water Aerobics [P]	9:00 ☉ Water Aerobics [P] <b>26</b> 11:00 ☉ Balance and Flex [CC]	<b>Wellness Center Closed</b> <b>27</b>	
<b>Wellness Center 1:00pm-5:00pm</b> <b>28</b>	9:00 ☉ Water Aerobics [P] <b>29</b> 11:00 ☉ Strength Training [V] 1:30 ☉ Cardio Boxing [VS]	9:00 ☉ Water Aerobics [P] <b>30</b> 1:30 🦋 Tai Chi [CC] 3:00 ☉ Yoga [CC] 4:00 ☉ Water Aerobics [P]	<p>“April hath put a spirit of youth in everything.” — William Shakespeare</p>			<p><b>CC = Community Center</b>  <b>P = Pool</b>  <b>V = Villa Activity Room</b>  <b>VS = Villa Sunroom</b></p>	